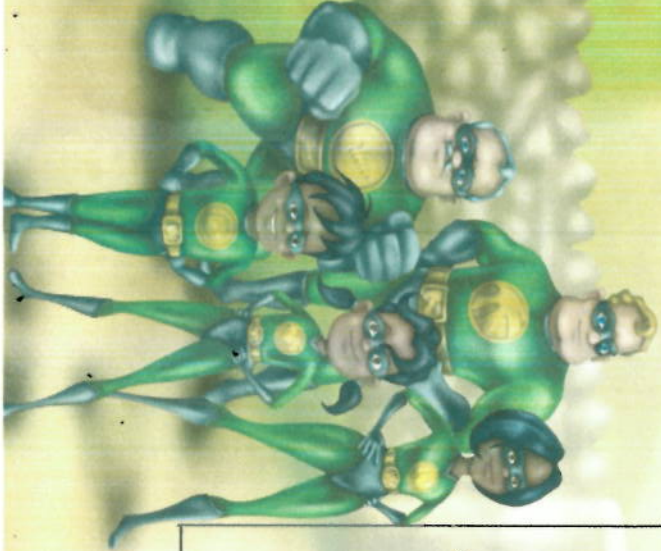


# St Mary's Primary SCHOOL MENU -WC 9/11/2020 - 14/12/2020

WEEK 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Macaroni cheese	Beef Bolognaisse with Pasta	Roast Gammon with Roast Potatoes and Gravy	Piri Piri Chicken Wrap with Mexican Rice	Cod Or Salmon Fish Fingers with Chips
Option 2	Jacket Potato with Choice of Fillings	Jollof Of Rice	Cauliflower Cheese Croquette with Roast Potatoes and Gravy	Mixed Bean Wrap with Mexican Rice	Cheese and Red onion Melt with Chips
Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily
Dessert	Citrus Sponge or Fresh Fruit	Allergy Free Vanilla Sponge or Fresh Fruit	Fresh Fruit Platter or Yoghurt	Coconut Cookie/Fruit Slices or Fresh Fruit	Fruit Jelly and Ice Cream or Fresh Fruit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheese and Tomato Pizza with Potato Wedges	Pork or Chicken Sausages with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Beef Burger in a Bap with Tomato Pasta	Cod Or Salmon Fish Fingers with Chips
Option 2	Jacket Potato with Choice of Fillings	Saag Aloo with Fluffy Rice and Naan Bread	Vegetable Sausages with Roast Potatoes	New York Style Pasta	Cheese Quiche with Chips
Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily	Vegetables and Salad Available Daily
Dessert	Jamianc Ginger Cake with Pineapple or Fresh Fruit	Fresh Fruit Platter or Yoghurt	Carrot and Courgette Cake or Fresh Fruit	Jelly and Ice Cream or Fresh Fruit	Fruity Flapjack or Fresh Fruit



Autograph

FOOD

FARM

FEED BY ENTHUSIASM